

The Caledonian.

St. Johnsbury, Thursday, Dec. 19, 1889.

FROM HOT SPRINGS, ARK.

Geological Formation.—The Town and the Springs.—Who Are Helped by the Waters.—Hot Springs as a Pleasure Resort.—How to Get There.

Editor of the Caledonian:—

Perhaps a word from this famous health resort may be of interest to your readers, especially to any who may happen to be victims to that torturing disease, rheumatism. This portion of the state being in the Ozark mountain region is broken and hilly. The elevations are called mountains, but they are only good sized New England hills with narrow ravines between them. These hills are formed by the upheaval of the geological strata to an angle of about 45 degrees. The stratification consists of different grades of flinty stone and slate interspersed at certain places with the kind of stone used for homes and oil-stones. At some points a fine clay is found between the layers of stone, and at other places the hills become a mixture of broken stone and clay. The layers of flinty stone are crossed by seams so that it naturally separates into blocks of an oblique rectangular shape, and the soil consists of this rectangular gravel and clay upon which is a vigorous growth of pine, cedar, various oaks, sweet gum, black gum, mulberry, holly, persimmon, elm, etc.

All the region abounds in springs but the hot springs are all on one side of one hill within an area about one quarter of a mile in length and 20 rods in width. Where these waters come from is an unsolved problem, but having gotten down into the bowels of the earth and been heated they doubtless follow up the lines of stratification of the stone.

The city of Hot Springs is a queer corkscrew sort of a place twisted in among these hills which are so near together in some places that the principal street is carried along the course of the stream which has been arched over for the purpose. They are also so steep that, having been blasted away some 30 or 40 feet for a building site, it becomes a very simple matter to provide a fire escape from the third story by running a plank out the window at the rear. This of course applies to the narrowest part of the valley which broadens out in places and ramifies in various directions into numerous defiles along which are narrow roads lined with little houses clinging to the hill-sides.

The resident population is about ten or twelve thousand and they can provide for about the same number of visitors in accommodations varying from the humble cottage to the magnificent and expensive Hotel Eastman, built by a syndicate of Minneapolis gentlemen and of which a well known "Baron" is to be landlord. The bath houses skirt along the foot of Hot Spring mountain and number a score or more of varied appointments where a "course" of 21 baths can be had at prices varying from four to seven dollars, one to ten dollars a week additional going to the bath attendant. There is no doubt but that Hot Springs by its waters offers the best promise of cure in rheumatic and gouty affections as well as in derangements of the liver and kidneys, skin diseases and many other chronic and special disorders. And in connection with the baths, mechanical massage as given by Dr. Moore will be found very useful in many cases. But the baths are not beneficial to those afflicted with lung or heart diseases. Indeed, no one should take the baths except under the advice of a competent physician experienced in the use of the waters. And right here I may say that the visitor to Hot Springs should beware of hotel runners and unscrupulous doctors who divide the spoils. If the visitor's family physician knows a competent practitioner at Hot Springs it will be best for the patient to bring a letter of introduction, and let him be careful that the runner and his confederate do not deceitfully convince him that this particular doctor died two weeks ago—a game which I am told has been successfully played. If he has no letter let him go slow and make careful inquiries of responsible persons before deciding upon his medical advisor. He will certainly fall into good hands if he decides to apply to my personal friend, Dr. Ellsworth, whom I have known many years. In saying this I say nothing against the other reputable physicians; but I warn everyone to avoid the doctors who ask a large fee in advance upon a guarantee to cure. No responsible and trustworthy physician will enter into such a bargain.

The Hot Springs mountain is now under the control of the United States government, the springs are carefully protected from contamination and the waters are not allowed to go to waste. It will not be many years, from present indications before the demand for bathing will exceed the supply of water. Whether additional sources can be found or not cannot probably be determined without experiment; but as the demand increases the water will be more carefully husbanded.

While the hot baths are not applicable to the treatment of lung troubles, Hot Springs affords a pleasant winter residence for persons who seek relief from the severity of northern winters. It is also a summer resort for people from the more southern states. Although the elevation of Hot Springs above the level of the sea is only about 800 feet, the mountainous character of the region renders it comparatively cool and pleasant in summer and beautiful all seasons. The moderate altitude avoids the objection which for many cases lies against very high resorts. No fear need be entertained about coming here in the summer time for rheumatic troubles. Indeed, in some respects the warm season is better than the cold for these disorders as there is less likelihood of taking cold. To be sure, in the midsummer months it is pretty hot in the middle of the day and one wants to keep out of the sun, but the mornings and evenings are delightful and the nights cool enough for sleeping.

The route from St. Louis is by the St. Louis, Iron Mountain and Southern railway and the best time to leave St. Louis is in the evening which brings one to Hot Springs about noon. B. D. EASTMAN, Hot Springs, Ark., Dec. 3, 1889.

STRONG TEMPERANCE TESTIMONY.

Gen. William Ward of Newark, N. J., supreme chancellor of the order of Knights of Pythias, had a conversation with a Rutland Telegram representative while here to institute the Grand Lodge. The following appeared in a recent number of the Rutland Telegram:

In conversation at St. Johnsbury Gen. Ward expressed surprise at the entire absence of the saloon at that place. It was in such marked contrast to his own home he said. On his arrival at St. Johnsbury he said he traversed the principal streets without discovering, as he himself expressed it, the least sniff of a saloon.

"In my own city of Newark, we have a population of 160,000 and about 33,000 of these are Germans. This means the saloons; it means the balance of power in the city of Newark; it means the balance of power in the county in which Newark is situated and the balance of power in the state, and any legislation looking to the restriction of the saloon will be immediately frowned upon by this coterie that virtually control the state."

Gen. Ward is a one armed veteran of the late war, a gentleman of intelligence and standing in the city of Newark and thoroughly conversant with the condition of affairs there. He was for seventeen years postmaster of that city and has been more or less connected with its municipal government for many years.

The first impression of Gen. Ward regarding Vermont was therefore, a favorable one, and coming as it did from a state where the much vaunted high license law is in force, the contrast which he drew between the prohibition state of Vermont and the high license state of New Jersey is significant.

How many are there in Vermont who would exchange the prohibitory law of the state, with all its imperfections for the condition of things that exist in the high license state of New Jersey as attested above by one of its distinguished citizens? The few deluded ones who now sigh for high license know not what they do, and they will learn to their discomfort when the time comes that, aside from the improvement of the present prohibitory law in the matter of fees and quarter fines, no danger threatens it.

ABOUT SNAKES.

Twenty-five snakes all running through the streets—that's free whiskey. Twenty-five snakes gathered in to a box in which twenty-five holes are made by authority of the court—that's low license. Ten of the holes are closed, and the snakes all get through the other fifteen—that is high license. Drive all the snakes over to the next village—that is local option. Kill all the snakes—that is prohibition. —[The National Issue.]

FARM FOR SALE IN EAST PEACHAM, VERMONT.

Consisting of 175 acres suitably divided into farms, with a large body of water, abundance of wood and timber. Good sugar and apple orchards. Buildings nearly new and in excellent repair. Barn with new elevated driveway and other modern improvements. Never failing running water. Location most desirable, within fifteen minutes walk of churches and of Peacham Academy—one of the oldest and best preparatory schools in Vermont; also within five minutes walk of store, school and post office. For terms and further particulars apply to MRS. SAMANTHA L. McCAULEY, 19th St., East Peacham, Vt.

Commissioners' Notice.

SEABORN HAYES' ESTATE. The subscribers, having been appointed by the Honorable Probate Court for the District of Caledonia, Commissioners to receive, examine, and adjust all claims and demands of all persons against the estate of Seaborn Hayes, late of St. Johnsbury, in said district, deceased, and the term of six months from the 20th day of Nov., 1889, being allowed by said Court to the creditors of said deceased to exhibit and prove their respective claims before us: Give notice that we will attend to the duties of our appointment at the store of F. V. Powers in Summerville in St. Johnsbury, in said district, on the 2d day of Jan., 1890, and the 20th day of May, next, at 1 o'clock in the afternoon, on each of said days.

DANIEL CARPENTER, F. V. POWERS, Commissioners.

Commissioners' Notice.

MILLEN MORRILL'S ESTATE. The subscribers, having been appointed by the Honorable Probate Court for the District of Caledonia, Commissioners to receive, examine, and adjust all claims and demands of all persons against the estate of Milken Morrill, late of St. Johnsbury, in said district, deceased, and the term of six months from the 20th day of Nov., 1889, being allowed by said Court to the creditors of said deceased, to exhibit and prove their respective claims before us: Give notice that we will attend to the duties of our appointment at the house of Geo. B. Davis in Danville, in said district, on the 4th day of Jan., 1890, and the 20th day of May, next, at two o'clock in the afternoon, on each of said days.

DANIEL CARPENTER, GEO. B. DAVIS, Commissioners.

Presentation of Account.

ISABEL MAJORS' ESTATE. STATE OF VERMONT, Caledonia District, ss. In Probate Court, held at the Probate Office in St. Johnsbury, in said district, on the 20th day of Nov., A. D. 1889.

Alfred E. Wagon, Administrator upon the estate of Isabel Majors, late of St. Johnsbury in said district deceased, presents his administration account for examination and allowance, and makes application for decree of distribution and partition of the estate of said deceased.

Whereupon, it is ordered by said Court that said account and said application be referred to a session of the Court, to be held at the Probate Office in St. Johnsbury, on the 20th day of Dec., A. D. 1889, for hearing and decision thereon. And it is further ordered that notice hereof be given to all persons interested, by publication of the same three weeks successively in the Caledonian, a newspaper published at St. Johnsbury, previous to said time appointed for hearing, that they may appear at said time and place, and show cause, if any they may have why said account should not be allowed and said decree made.

By the Court, Attest: WALTER P. SMITH, Judge.

Probate of Will.

SIMON K. ARMITAGE'S ESTATE. STATE OF VERMONT, Caledonia District, ss. In Probate Court, held at the Probate Office in St. Johnsbury, in said district, on the 4th day of Dec., A. D. 1889.

An instrument purporting to be the last will and Testament of Simon K. Armitage, late of St. Johnsbury in said district, deceased, was presented to the Court by William W. Armitage, the Executor therein named for Probate.

It is ordered by said Court that all persons concerned therein be notified to appear at a session of said Court, to be held at the Probate Office in St. Johnsbury on the 21st day of Dec., A. D. 1889, and show cause, if any they may have, against the Probate of said will, for which purpose it is further ordered that a copy of the record of this order be published three weeks successively in the Caledonian printed at St. Johnsbury, previous to said time appointed for hearing.

By the Court, Attest: WALTER P. SMITH, Judge.

Commissioners' Notice.

JOHN HUNT'S ESTATE. The subscribers, having been appointed by the Honorable Probate Court for the District of Caledonia, Commissioners to receive, examine, and adjust all claims and demands of all persons against the estate of John Hunt, late of Peacham, in said district, deceased, and the term of six months from the 20th day of Nov., 1889, being allowed by said Court to the creditors of said deceased to exhibit and prove their respective claims before us: Give notice that we will attend to the duties of our appointment at the dwelling house of the late John Hunt in Peacham, in said district, on the 8th day of May, 1890, next, at one o'clock in the afternoon, on each of said days.

WALTER P. SMITH, Judge. Commissioners.

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Looking Forward.

With whatever grace and sagacity Edward Bellamy may treat this theme, it is a subject which must be considered by each one of us individually.

Looking Forward,

We intended to say last week, was true of the majority of people, but we think we could safely say it is true of all people. If not true of all people at all times it is certain that all people have times of

Looking Forward,

and this present holiday season should be one of those times.

Looking Forward,

not only to the new goods, but also to the best goods in the market. By the best goods we mean not only those good in quality, but choice in design. Such goods we have in stock and while you are

Looking Forward

to a satisfactory and pleasant purchase, I shall be

Looking Forward

to making your inspection of my goods both pleasing and profitable.

T. C. SPENCER,

49 Railroad Street

St. Johnsbury, Vt.

LILY WHITE is Still the Best.

When you want nice bread buy the flour that stands ahead. The kind I mention, which you ought to know well, is "Lily White," and sure to sell. A barrel will make fifteen loaves more than any flour you have ever used before. Its price is low and the bread is sweet, and for family use it can't be beat. If you'll but try this "Lily White" you will have nice bread and always white. We will pay cash for nice fresh tub butter.

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I have just received a large lot of new foot wear for Gents, Ladies, Misses and Children, which I shall be pleased to have all examine.

I Keep the W. L. Douglas \$3.00 Shoes

For Gents and Ladies. They have smooth inner soles and are as easy as hand-sewed shoes. \$3.50 Police and Railroad men's extension sole Shoes; \$2.00 and \$1.75 Boys' School Shoes are leather lined.

The Celebrated Quaker Boots

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C. H. BAGLEY, Proprietor.

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